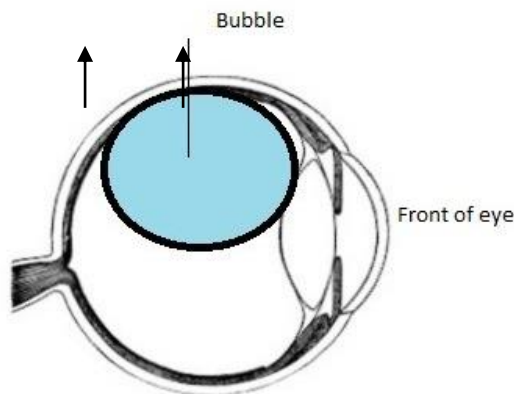


Instructions for post-operative posturing- ON RIGHT SIDE

Posturing is necessary to ensure the gas or oil bubble is positioned against the part of the retina that requires flattening



Instructions

- Continue posturing as instructed by Dr Lee
- Posture during the day with a 10minute break every hour (excluding toilet breaks and meals)
- Never fly in a plane or ride in car at high altitudes if gas is still present
- Move around as much as you can maintaining your posturing position
- You may undertake light household duties providing you maintain your posturing position
- Do not lie on your back



Please contact Dr KL Lee if you have any questions:

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